

## DID YOU KNOW?

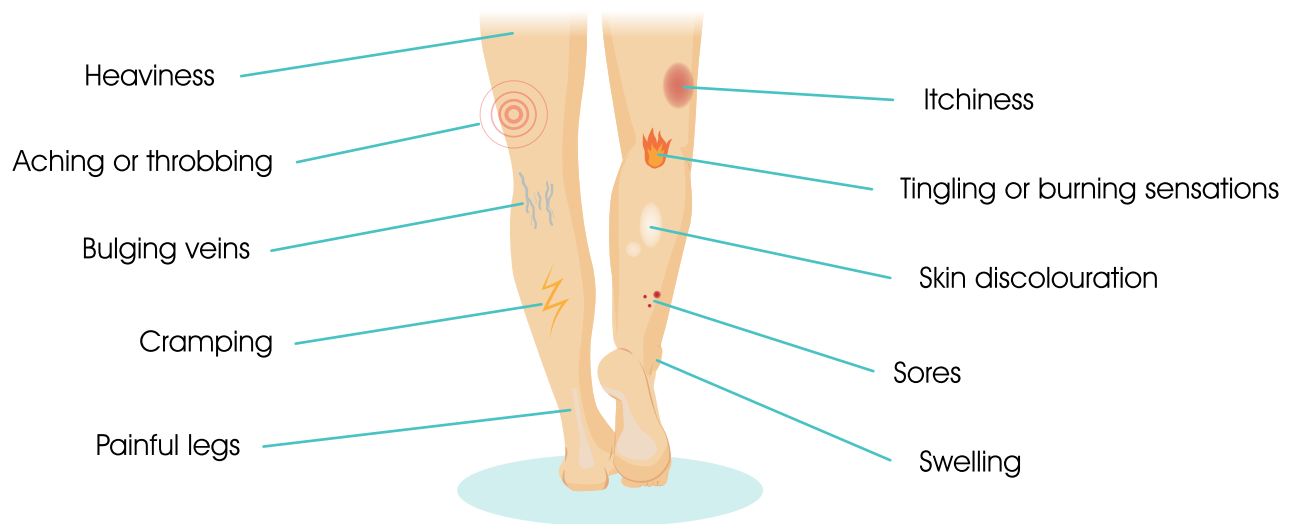


**1 in 2** Women + **1 in 4** Men  
have vein problems



- **Half a million people** have experienced **venous ulcers**
- **8 million people** have **varicose veins**
- **Only half** of these people **experience symptoms**

## SYMPTOMS CAN INCLUDE:



## RISK FACTORS



Genetic  
susceptibility



Long periods  
of standing



Long periods  
of sitting



Pregnancy



Age



Obesity

## PREVENTION



Diet



Compression



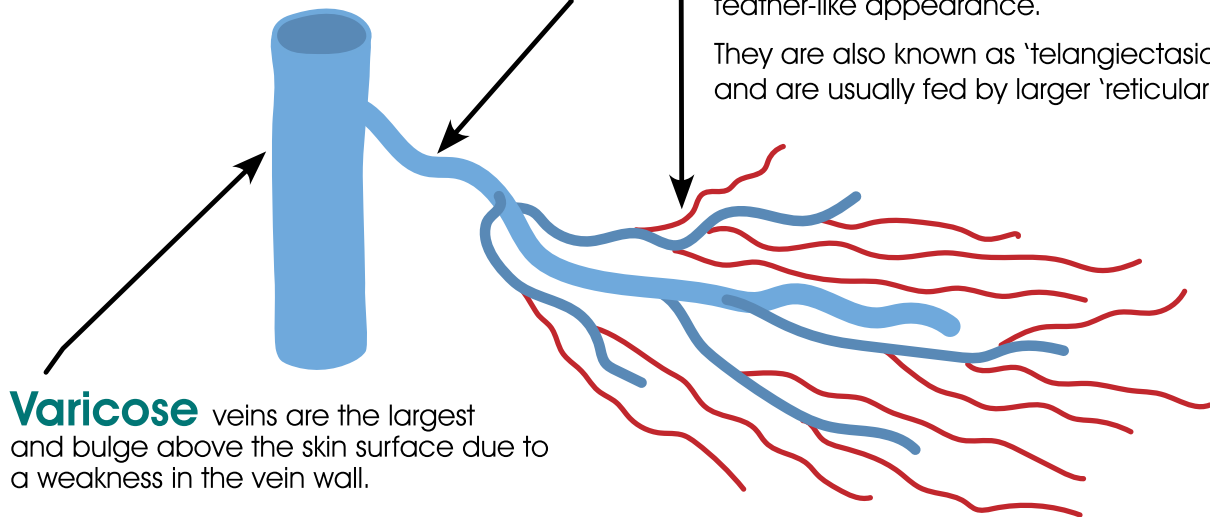
Regular exercise

# 3 COMMON TYPES OF VEINS

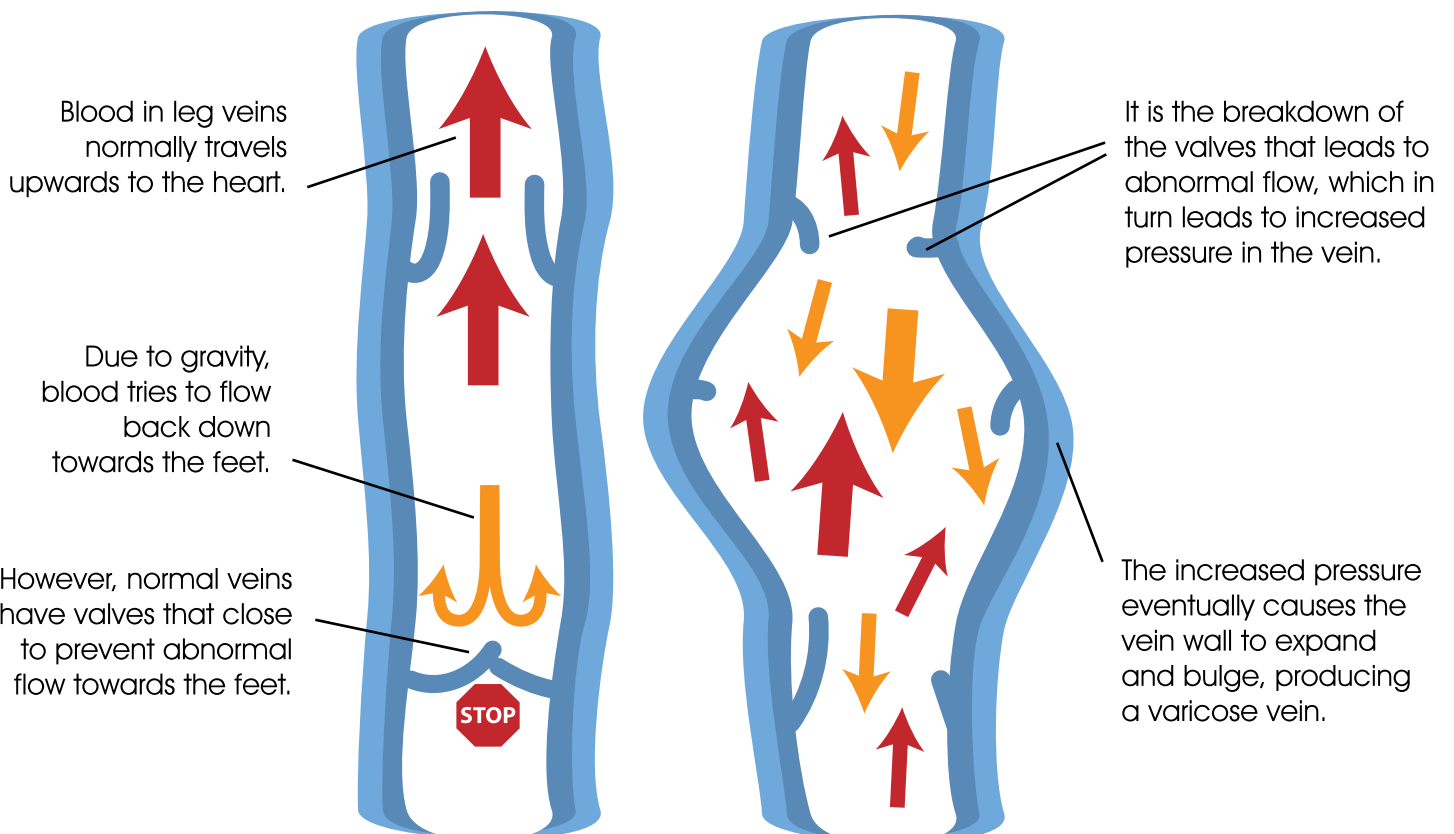
frequently seen in combination:

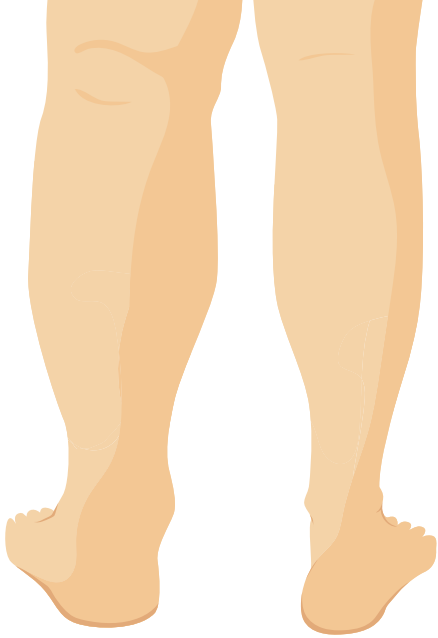
**Reticular** veins are under the skin and often referred to as 'feeder veins'. They are smaller branches that lead to larger veins. They can appear larger than spider veins and flatter and less twisted than varicose veins.

**Spider** veins are the finest veins that appear on the surface and can have a feather-like appearance. They are also known as 'telangiectasias' and are usually fed by larger 'reticular veins'.



## HOW VEINS BECOME VARICOSE





## SWOLLEN LEGS

Venous disease can lead to swollen legs, but swollen legs can be caused by a range of different conditions.

**Common causes of swollen legs can include:**

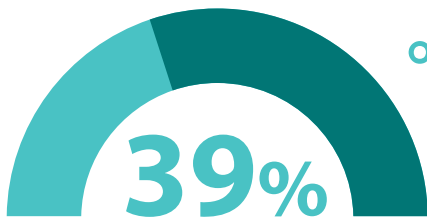
- **obesity**
- **lymphoedema**
- **lipoedema**
- **venous diseases.**

Each has their own unique characteristics and can co-exist making the diagnosis complex.

Vein Doctors Group are experts and experienced in diagnosing and managing a comprehensive range of complex leg conditions.

This management includes vein treatments, pelvic vein coiling, and lipoedema extraction surgery.

## VENOUS ISSUES DON'T JUST HAPPEN IN THE LEGS

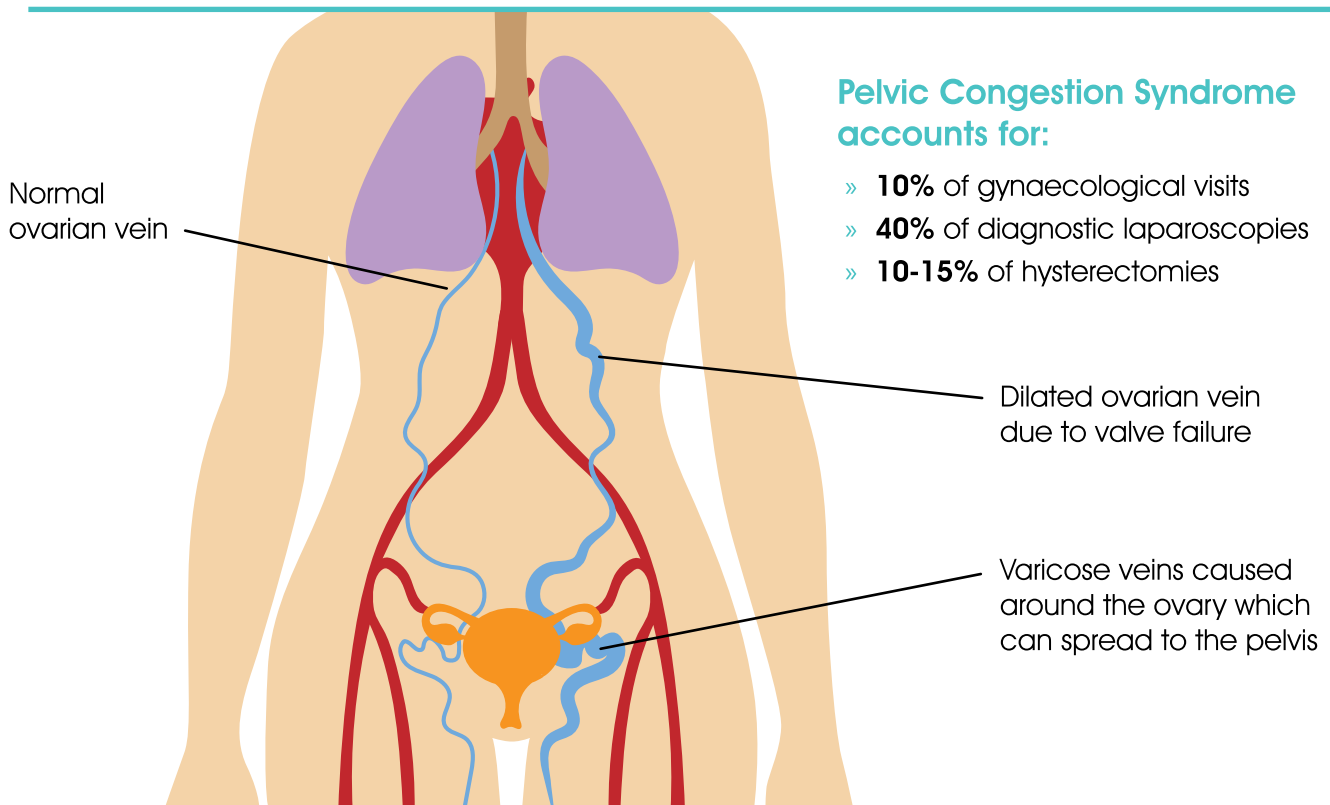


**of Women**  
suffer from  
**Pelvic Congestion  
Syndrome**  
in their life time.



**50%**  
**NEVER GET**  
**a proper**  
**diagnosis.**

**If diagnosed properly, this syndrome can be treated safely and effectively**  
with a minimally invasive, ultrasound guided procedure called Gonadal Vein Embolization.



# TREATMENT

Varicose veins serve no useful function in the body's circulation. In fact, varicose veins can cause bleeding, clotting and ulcers. Our body can establish alternative pathways to bypass the abnormal varicose veins.

**When varicose veins are closed-down, the circulatory system improves, as do many of the symptoms.**



## ADVANTAGES OF MANAGING YOUR VEINS WITH VEIN DOCTORS GROUP



- ✓ Treatment performed by doctors who are experts in veins
- ✓ Vein Doctors Group offers treatments by doctors who have trained with the Australasian College of Phlebology
- ✓ Outpatient and hospital treatments available
- ✓ Anaesthetic options available for complicated cases or needle phobias (private health insurance rebates apply)
- ✓ Walk-in, walk-out procedures
- ✓ Return to normal duties
- ✓ High safety profile and low complications rate
- ✓ Avoid surgical scarring associated with vein stripping procedures
- ✓ High patient satisfaction.

